

St. Pascal Regional School breakfast menu - October

Name _____ Grade _____ Menu is due: Friday, September 18

Please check breakfast _____ Everyday or _____ Opt out of breakfast for the month					Thursday, 10/1/2026	Friday, 10/2/2026
BREAKFAST					Honey Breakfast Bun 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Banana Muffin 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
	Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026	
	Assorted Cereal Bowl 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Yogurt & Fruit Smoothie Berry Apple Crispie Bar 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Choco Chip Muffin 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Banana Bread Super Slice 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	NO SCHOOL	
	Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026	
	Assorted Cereal Bowl 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Sliced Bagel w/ Strawberry Cream Cheese 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	NO SCHOOL	NO SCHOOL	NO SCHOOL	
BREAKFAST	Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026	
	Assorted Cereal Bowl 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Blueberry Muffin 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Chocolate Swirls 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Apple Fritter Bun 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Glazed Pull Aparts 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
	Monday, 10/26/2026	Tuesday, 10/27/2026	Wednesday, 10/28/2026	Thursday, 10/29/2026	Friday, 10/30/2026	
EAKFAST	Brekkie 100% 4.23 oz Fruit Juice	Assorted Cereal Bowl 100% 4.23 oz Fruit Juice	Blueberry Breakfast Bread 100% 4.23 oz Fruit Juice	Cinnamon Swirls 100% 4.23 oz Fruit Juice	Confetti Maple Waffle (Natural Colors) 100% 4.23 oz Fruit Juice	



This institution is an equal opportunity provider

651-453-1136

www.ckcgoodfood.com

Follow us on



BR	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit
----	----------------------------	----------------------------	----------------------------	----------------------------	----------------------------

Entrée of the Day is 2 Whole Grain Items Equivalent.