

September 2023 St Pascal Regional Catholic School **Lunch Menu**

Return by: Thursday, August 31

Name _____ Grade _____

Please circle the days you would like hot lunch or check a box as follows. Lunch everyday No lunch any days

Monday, September 4, 2023	Tuesday, September 5, 2023	Wednesday, September 6, 2023	Thursday, September 7, 2023	Friday, September 8, 2023
	Korean BBQ Meatballs Seasoned Rice Celery Sticks & Carrot Sticks Chilled Pears Choice Milk	CKC Gyro Greek Pita, Grilled Chix & Yogurt Sauce Diced Tomatoes & Sliced Cucumbers Banana Choice Milk	Golden Chicken Patty Sandwich Bakery Bun & Mayo Steamed Corn Grapes Bunch Choice Milk	Cheese Pizza Mixed Greens Salad & Dressing Crisp Varietal Apple Choice Milk
Monday, September 11, 2023	Tuesday, September 12, 2023	Wednesday, September 13, 2023	Thursday, September 14, 2023	Friday, September 15, 2023
Crunchy Chicken Tender Taco WG Tortilla, Chicken Tenders Shred Chz & Boom Sauce Seasoned Corn Cinnamon Apples & Choice Milk	Sweet & Sour Chicken Steamed Seasoned Rice Baby Carrots & Dip Chilled Pears Choice Milk	Walking Nachos Nachos Chz Doritos, Seasoned Beef w/ Shred Chz Cheesy Refried Beans Banana & Choice Milk	Chicken Tikka Drumstick WG Bakery Roll w/ Margarine Sliced Cucumbers & Homemade Dip Grapes Bunch Choice Milk	Cheese Pizza Broccoli Florets & Dressing Crisp Varietal Apple Choice Milk
Monday, September 18, 2023	Tuesday, September 19, 2023	Wednesday, September 20, 2023	Thursday, September 21, 2023	Friday, September 22, 2023
Premium Chicken Nuggets Ketchup WG Dinner Roll w/ Margarine CKC Baked Beans & Carrot Sticks Cinnamon Apples & Choice Milk	Swedish Meatballs (Homemade Gravy) Bakery Roll w/ Margarine Steamed Carrots w/ Parsley Chilled Pears Vanilla Waters & Choice Milk	"New" Butter Chicken Steamed Seasoned Rice Celery Sticks & Dip Banana Choice Milk	Brunch Lunch Buttermilk Pancakes & Syrup Fruited Yogurt Cup Garden Greens Salad & Dressing Grapes Bunch & Choice Milk	Cheese Pizza Steamed Seasoned Corn Sliced Cucumbers Crisp Varietal Apple Choice Milk
Monday, September 25, 2023	Tuesday, September 26, 2023	Wednesday, September 27, 2023	Thursday, September 28, 2023	Friday, September 29, 2023
"New" Mac & Cheetos Cheetos in the Mac or on the Side?? You decide :) Celery Sticks Cinnamon Apples & Choice Milk	"New" Bengali Chicken & Potato Kathi Roll WG Wrap, Chix & Potato Filling Bengali Sauce (Noonury Chutney) Baby Carrots Chilled Pears & Choice Milk	All Beef Hot Dog WG Bun, Ketchup CKC Baked Beans & Cucumber Slices Strawberry Bites Banana & Choice Milk	Sesame Chicken Steamed Seasoned Brown Rice Chilled Sweet Pea Salad Carrot Sticks Grapes Bunch & Choice Milk	Cheese Pizza Mixed Greens Salad & Dressing Crisp Varietal Apple Choice Milk