


January 2018 Preschool-PreK Menu

STUDENT NAME: _____ GRADE _____ MENU DUE BY: MONDAY, DEC 18

Week 2	Monday, January 1, 18	Tuesday, January 2, 18	Wednesday, January 3, 18	Thursday, January 4, 18	Friday, January 5, 18
Hot Lunch	NO SCHOOL HAPPY NEW YEAR!	NO SCHOOL	Meatball Sub Cucumber Slices & Dip Fresh Seasonal Apple	Brunch Lunch Breakfast Croissant Steamed Carrots & Banana	Cheese Pizza Steamed Green Beans Applesauce Cup
Vegetarian			Bean & Cheese Burrito	Egg & Cheese Sandwich	
Week 3	Monday, January 8, 18	Tuesday, January 9, 18	Wednesday, January 10, 18	Thursday, January 11, 18	Friday, January 12, 18
Hot Lunch	Old Fashioned Hamburger Ketchup Mixed Veggies & Pears	Mild Chicken Rice Bowl Cucumber Slices & Dip Banana	Orange Chicken Bowl Serve Chicken over Mashed Potatoes Roll & Apple	Soft Shell Beef Taco Flour Tortilla & Cheese Cheesy Refried Beans & Banana	Turkey Pizza Croissant Crispy Cubes w/Ketchup Applesauce Cup
Vegetarian	Veggie Sausage Patties	Mac & Cheese	Hot Stuffed Cheese Pizza Croissant	Cheese Pizza Quesadilla	WG Mozzarella Twist Breadstick & Marinara
Week 4	Monday, January 15, 18	Tuesday, January 16, 18	Wednesday, January 17, 18	Thursday, January 18, 18	Friday, January 19, 18
Hot Lunch	NO SCHOOL - Martin Luther King Day	LEEANN CHINS House Special Chicken rice, cucumber slices, and banana	Meatballs & Gravy Dinner Roll Mashed Potatoes and Apple	Creamy Mac & Cheese Garden Greens Salad & Homemade Dressing Banana	Cheese Pizza Crispy Cubes w/Ketchup Applesauce Cup
Vegetarian		Hot Stuffed Cheese Pizza Croissant	Bean & Cheese Burrito	Black Bean Veggie Burger Sandwich	
Week 5	Monday, January 22, 18	Tuesday, January 23, 18	Wednesday, January 24, 18	Thursday, January 25, 18	Friday, January 26, 18
Hot Lunch	Golden Chicken Patty Sandwich Bun & Ketchup Coleslaw & Pears	Pulled Roast Turkey & Gravy on WG Biscuit Steamed Carrots Banana	Sweet & Sour Chicken Dinner Roll Cucumber Slices & Apple	Swedish Salisbury Steak Dinner Roll Mashed Potatoes & Banana	NO SCHOOL
Vegetarian	Egg & Cheese Muffin Sandwich	WG Mozzarella Twist Breadstick & Marinara	Cheese Enchilada w/Cheese	Grilled Cheese Sandwich	
Week 6	Monday, January 29, 18	Tuesday, January 30, 18	Wednesday, January 31, 18		
Hot Lunch	Steak & Cheese Croissant Marinated Creamy Coleslaw Chilled Pears	Mac & Cheese Cucumber Slices & Dip Banana	Brunch Lunch French Toast Sticks & Syrup Potato Cubes & Apple	 <p>Hot Lunch prices: Student Pre/Pre-K \$2.80 Adult \$3.60 Milk 30cents Circle either hot lunch or vegetarian only one per day! Please return menu with a payment to the school office.</p>	
Vegetarian	Bean & Cheese Burrito	Veggie Sausage Patties	Grilled Cheese Sandwich		



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Menu is subject to infrequent change Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com Choc, Skim & 1% Milk choices offered daily

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